

IMYOURMEDICINEMAN

Imyourmedicineman
Own: Oh Em Gee Stable and Ad Noir LLC

B. g. 3 (May) CANSEP24 \$8,801
Sire: Shaman Ghost (Ghostzapper) \$3,500
Dam: Silent Sparkle (Silent Name*Jpn)
Br: Jon Hyka (Ont-C)
Tr: Ladouceur Harold (25 2 6 2 .08) 2026 : (26 2 .08)

Life	7	1	2	1	\$119,934	84	D.Fst	0	0	0	\$0	-
2026	4	0	2	0	\$54,514	84	Wet(308)	0	0	0	\$0	-
2025	3	1	0	1	\$65,420	74	Synth(309)				\$0	
Wo	6	1	2	1	\$119,434	84	Turf(277)	1	0	0	\$500	62
							Dst(317*)	0	0	0	\$0	-

19Jly26-9WO	fst	1 ¹ / ₈ ♂	4741:121 1:382 1:52	PlateTrlB201k	84	4/11	108 ¹ / ₂ 107 ¹ / ₂	74 ¹ / ₂	2 nd 21	Contreras L	L126	28.50	80-23	Hhthmn1Imrmdcnmn2MltrT1	4-5w,bid upper,denied
12Jun26-8WO	fm	1 ¹ / ₁₆ ♂	233 :484 1:124 1:444 3A	OC 40k/n2L-N	62	10/11	21 2 ¹ / ₂	1 st 2 nd 83 ¹ / ₂		Campos J L	L118	5.20	77-19	Exude2WellrGrnkDcdntDnshhd	Duel3P3/16,drift in1/8
24May26-5WO	fst	1 ¹ / ₁₆ ♂	242 :50 1:151 1:463 3A	OC 40k/n2L-N	66	5/6	11 ¹ / ₂ 11	1 ¹ / ₂ 3 rd 43 ³ / ₄		Campos J L	L118	*.80	68-28	DonIq1DcdntDnsh1 ¹ / ₂ PrdsPrfct1 ¹ / ₄	Hustle lead,wilted1/8
2May26-5WO	fst	7f ♂	231 :463 1:111 1:241 3A	OC 40k/c-N	74	5/8	4 45 ¹ / ₂ 43	42 ¹ / ₄ 22 ¹ / ₂		Campos J L	L118	*1.65	81-17	Thndrkr2 ¹ / ₂ Irdcn3 ¹ / ₂ LnMscMchnk	Advance 3-4w, got 2nd
29Nov25-10WO	fst	1 ¹ / ₈ ♂	4921:134 1:384 1:514	CorntnFutB250k	74	3/9	87 ¹ / ₂ 912	810 48 ¹ / ₂ 36 ³ / ₄		Contreras L	L122	31.05	75-27	FrndWn5MltrTm1 ¹ / ₂ Imrdcnhd	Bmpd early,4w1/4,up3rd
16Nov25-3WO	fst	17 th ♂	241 :482 1:13 1:45	Moc 40000N	68	2/7	1 ¹ / ₂ 1 ¹ / ₂	11 ¹ / ₂ 13 ¹ / ₂ 12 ³ / ₄		Campos J L	L118	*3.00	86-23	Imrdcn2 ¹ / ₂ MkrsFltr1 ¹ / ₂ NtCr4 ¹ / ₂	Inside,clear,held sway
19Oct25-9WO	fst	7f ♂	C 222 :452 1:11 1:244	FrostKingB100k	4	2/9	8	2 nd 2 ¹ / ₂	613 823 ³ / ₄	Hernandez R M	L118	7.65	55-17	RldRlghhdSlrIsBst6SprSprt6 ¹ / ₂	Bmpd brk,vied btwn 5/8

WORKS: Aug1WO ♂ 4f fst:49 B 42/82 ● Jly12WO ♂ 5f fst:594 B 1/34 Jly4WO ♂ 5f fst:1:011 B 7/21 Jun25WO ♂ 5f fst:1:004 B 5/11 Jun7WO tr.1 ♂ 4f fm:482 B 7/13 May17WO ♂ 5f fst:1:013 B 23/55
TRAINER: Routes (30 .10 \$2.29) Stakes (7 .00 \$0.00)

- The King's Plate marks the fourth stakes engagement for Imyourmedicineman. The Ontario-bred gelding was second in this year's Plate Trial Stakes.
- Trainer Harold Ladouceur believed Imyourmedicineman was special when he purchased him as a yearling back in 2024. "We were at the sale, and I was with my cousin, Curtis Landry. We walked over to that barn and looked at this horse, and when I saw the page, I saw Rafaroo was on the page. I was in a bit of shock. I trained Rafaroo, and he was second in the Plate Trial, too. I said to myself, 'If Rafaroo's on this page, then he's got to be a good horse; that's good enough for me'. That's how I started to bid on him and ended up buying him at the auction."
- For Ladouceur, Imyourmedicineman's most notable features are his build and his name. "His body is real athletic."
- Harold and his wife Jessie (who also co-owns and grooms the gelding) came up with Imyourmedicineman's name together. "He's by Shaman Ghost. A shaman is a medicine man. I wanted to utilize that (Ladouceur's Indigenous ancestry) a little bit. My wife liked this song, too (Medicine Man by Band of Heathens). So, we put it all together and came up with the name."
- Heading into this year's King's Plate, Ladouceur believes Imyourmedicineman's greatest strength is his stamina. "We knew all along that the more distance, the better."
- Jessie also believes the gelding's stamina and athleticism are some of his most impressive traits. "He doesn't seem to get tired," she said.
- "He didn't run that well his last two starts before the Plate Trial," noted Harold. "We had to figure things out, get him back, eating the way we wanted, and put proper weight on him. His training was good all along. I think the style that he raced those races wasn't really what he wanted. He was near the lead, and when it came time to go, he just put his head up and did not want to run. I think he needs to sort of cover it up and take a little bit of a hold, and then let him run, even though he's sharp out of the gate. Sometimes, you just have to take them back and let them relax, and then ask them to run."
- Imyourmedicineman's most recent work was on Aug. 1. Both Harold and jockey Luis Contreras were happy with the move. "We had a nice little prep work on Saturday, which I was elated with."
- So far, the Plate Trial and the Coronation Futurity Stakes impressed Harold the most. Imyourmedicineman's first race with Contreras was the Coronation Futurity Stakes in 2025, where Imyourmedicineman placed a close third in the 1 1/8-mile race.
- This year's Plate marks Ladouceur's second time in the \$1 million classic. The first was with Rafaroo and Vitality in 2024. The second time around, Ladouceur is feeling less pressure. "I'm way more relaxed," he said. "It's just a race now that I feel I can win. And I own him, so there's no pressure."

Trainer – Harold Ladouceur

Raised between Northern Alberta and the Kikino Metis settlement and Saulteux and Moosmin Reserves in Saskatchewan, trainer Harold Ladouceur is a natural-born horseman. His calling became clear right out of the gate, as Ladouceur wasted no time breaking into the industry as a teenager. Learning the tools of the trade as an exercise rider and groom under his grandfather Alec Poitras, who trained Thoroughbreds in Western Canada, Ladouceur's horse racing journey later involved stops in Winnipeg and Florida. The graded stakes-winning trainer (2014 Grade 3 Selene), who began his conditioning career in 2004, has put together a strong career alongside his wife and assistant trainer Jessie Ladouceur. Some of the top horses to compete under Ladouceur include Paladin Bay (Selene winner), Vitality, Jurojin, Wake Up Maggie, Splendid Glory, and Primo Touch. In 2024, Ladouceur became the first Indigenous trainer to win a Canadian Triple Crown race when Vitality took the Prince of Wales. Ladouceur was inducted into the North American Indigenous Athletics Hall of Fame in March 2024 at a ceremony in Green Bay, Wisconsin. Founded in 2022, the NIAAHF recognizes outstanding leadership and achievement in individual and team athletics.

Owner – Oh Em Gee Stable and Ad Noir, LLC

Harold and Jessie Ladouceur started Oh Em Gee Stable together. Harold and Jessie met in Winnipeg at Assiniboia Downs, and both had a familial connection to horse racing growing up. Initially, the couple ran horses using Jessie's name, which included graded stakes winner Paladin Bay. Around 2019, they began Oh Em Gee Stable together, which was named after their three dogs, Oscar, Molly, and Ginger. Some of their top horses include Wake Up Maggie and Grand Gizmo. Harold and Jessie also partner with others through Oh Em Gee Stable, including Ad Noir LLC and Ross Knight.

Jaime Rionda owns Ad Noir, LLC., established in 2017. Some notable horses owned by Ad Noir, LLC include E B Zoom Baby and Silent Ballerina, who is also dually owned by Oh Em Gee Stable and trained by Harold Ladouceur. Silent Ballerina was Rionda's first Canadian-bred horse. The filly broke her maiden in her second race. Ad Noir, LLC also partners with Cypress Creek Equine.

Jockey – Luis Contreras

Born in Mexico, multiple graded stakes-winning jockey Luis Contreras began his career there at 16. Contreras rode more than 100 winners in four consecutive seasons before moving to Golden Gate. Since coming to Woodbine in 2009, Contreras won three titles from 2011 to 2013 and back-to-back Sovereigns as Outstanding Jockey in the first two of those seasons. He won with his first King's Plate mount, Inglorious, in 2011, and then took the Prince of Wales and Breeders' Stakes with Pender Harbour to become the first rider to win all three Canadian Triple Crown races with different horses. In 2017, Contreras took the first two Triple Crown legs with Holy Helena and Cool Catomine. He finished second in the 2018 Plate aboard Aheadbyacentury and was runner-up with Amis Gizmo (2016) and Ami's Holiday (2014). This year marks Contreras' 15th Plate appearance.

Groom – Jessie Ladouceur
Breeder – Jon Hyka