Post Parade

Meno

Soups

 FRENCH ONION & STOUT SOUP [g][d]
 12

 caramelized onion, coffee enriched beef broth, local stout, melted gruyère, grilled sourdough

Starters & Shareables

PORTUGUESE GRILLED CALAMARI [g] 18 marinated squid, roasted corn, tomato salsa, fresh herbs, grilled lemon, toasted baguette

CREOLE JUMBO SHRIMP COCKTAIL 18 white wine poached jumbo shrimp, roasted garlic, cajun spice, cocktail sauce

CURRIED CAULIFLOWER & CARAMELIZED ONION DIP [g][d]16slow braised onions, blended cream cheese, hoagie bun loaf

CRISPY CHICKEN SLIDERS [g] 16 sweet & spicy chicken, creamy coleslaw, sambal mayo *add extra slider* 5

TUNA TATAKI19mix seeds & peppercorn crusted, ponzu dip, chili oil

PULLED PORK TACO [g]16Forty Creek bbq sauce, summer slaw, corn, tomato salsa, flour tortillaadd extra taco 5

MARGHERITA FLATBREAD [g][d] 16 San Marzano tomato, fresh mozzarella cheese, fresh basil, olive oil

Post Parade

Meno

Salads

MARKET SALAD [g] 15 greens, seedlings, shaved root vegetables, mandarin orange, caramelized shallot dressing

MEDITERRANEAN SALAD [g][d] 17 tomato, pepper, cucumber, little gem, chickpea hummus, olives, feta, grilled pita, lemon oregano vinaigrette, za'atar

BABY KALE LITTLE GEM CAESAR [g][d] 17

maple pepper bacon, in-house made crostini, shaved Ontario pecorino, garlic dressing

HEIRLOOM BEET CARPACCIO [d][n] 17

chive crema, spiced sunflower seed, feta, mix greens

add grilled chicken breast 9add sautéed garlic chili shrimps 12 add seared salmon fillet 13

add tuna 14 add lobster tails 15

Mains

THE "CLUB" BURGER [g][d] 21

fresh ground chuck and brisket, maple pepper bacon, 3 yr old cheddar cheese, leaf lettuce, heirloom tomato, butter pickles, grainy mustard sauce

MUSHROOM RAVIOLI [g][d][n] 24

baby shrimp, cremini mushroom, edamame, cherry tomato, roasted garlic cream, shaved parmigiano, basil cress gluten-free pasta available

ROASTED CHICKEN SUPREME

WITH FETA & ROASTED RED PEPPER 8-9oz [d] 29

chicken supreme stuffed with feta and roasted red pepper, seasonal Ontario vegetables, mini red potato, port jus

SEARED ATLANTIC SALMON [d] 29

roasted fingerling potato, seasonal Ontario vegetables, apple fennel slaw

STEAK FRITES [d] 32

New York striploin, seasonal Ontario vegetables, natural demi, fries add mushrooms 5

40 SURF & TURF [g][d]

choice of tiger shrimp or lobster tail, braised boneless beef short rib, garlic mashed potatoes, seasonal Ontario vegetables, pan jus

vegetables 4 side market salad 5

side caesar 6 chicken breast 9grilled salmon 13 shrimp skewer 12 lobster tails 15

Post Parade

Meno

Desserts

CHEESECAKE FACTORY [g][d][n] ask your server for our daily selection

ONTARIO ARTISAN CHEESE & FRUIT [g][d][n] **19** selection of 3 Ontario cheese, watermelon, cantaloupe, honeydew melon, fresh berries, grapes, seasonal fruit chutney, crackers & crostini

11

CHOCOLATE PECAN FLAN [d][n] 12 with espresso whipped cream and chocolate bark

APPLE PIE ICE CREAM [d][n]12with streusel topping, served with in-house baked
ginger molasses cookies

ICE CREAM – SORBETS [d] 10 fresh berries

ESPRESSO 4

CAPPUCCINO 5

LATTE 5

B52 COFFEE *9* Grand Marnier, Kahlua, Baileys, coffee

IRISH COFFEE *9* Irish whisky, coffee

SPANISH COFFEE *9* Kahlua, Small Cask brandy, coffee

BLUEBERRY TEA *9* amaretto, Grand Marnier, tea

[all include 1oz (29.6ml) of alcohol]

Specialty Coffee & Tea